

SOUTH SUBURBAN PADS

PADS offers free, emergency, overnight shelter nightly from 7p.m. to 7a.m. between
October 1, 2015 and April 30, 2016

For more information about South Suburban PADS, please call (708) 754-4357

NORTH TIER

SUNDAY

Harvest Time Worship Center
8420 S. Narragansett Ave
Burbank
(MEN ONLY)

Salem United Church of Christ
9717 S. Kostner Ave
Oak Lawn
(WOMEN & CHILDREN ONLY)

MONDAY

Southwest Alliance Church
9855 S. Kean, Palos Hills
(MEN ONLY)

St. Luke the Evangelist Orthodox Church
9300 W. 107th St. Palos Hills
(WOMEN & CHILDREN ONLY)

TUESDAY

St. Mark Evangelical Lutheran Church
11005 So. 76TH Ave. Worth
(CO-ED)

WEDNESDAY

Our Lady of the Ridge Catholic Church
10810 S. Oxford
Chicago Ridge
(CO-ED)

THURSDAY

Pilgrim Faith United Church of Christ
9411 S. 51st Ave., Oak Lawn
(CO-ED)

Calvin Christian Reformed Church
10056 S. Central Ave., Oak Lawn
(MEN ONLY)

FRIDAY

St. Mark Evangelical Lutheran Church
11007 S. 76th Ave., Worth
(CO-ED)

Sacred Heart Catholic Church
8245 W. 111th St., Palos Hills
(CO-ED)

SATURDAY

Trinity Lutheran Church
9701 S. Brandt, Oak Lawn
(CO-ED)

Redeemer Lutheran Church
4955 W. 158th St., Oak Forest
(CO-ED)

**OAK LAWN OFFICE
10037 S. RIDGELAND
OAK LAWN
708-233-1221**

**MONDAY-THURSDAY 9AM TIL 3PM
FRIDAY - NO CLIENT SERVICES**

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SOUTH TIER

SUNDAY

Flossmoor Community Church
2218 Hutchison Rd., Flossmoor
(MEN ONLY)

Restoration Ministries
15331 S. Broadway, Harvey
(WOMEN & CHILDREN ONLY)

Hazel Crest Community Church
17050 S. California, Hazel Crest
(MEN ONLY)

MONDAY

St Paul Lutheran
330 W. Highland, Chicago Heights
(10th & Ashland))
(MEN ONLY)

Christian Life Center (CLC)
2552 W 135th Street
Blue Island
(WOMEN & CHILDREN ONLY)

TUESDAY

Infant Jesus of Prague
Leavitt & Flossmoor Rd., Flossmoor
(MEN ONLY)

Church of the Holy Family
Sauk Trail & Orchard, Park Forest
(WOMEN & CHILDREN ONLY)

WEDNESDAY

St. Andrews Methodist Church
18850 S. Riegel Road, Homewood
(WOMEN & CHILDREN ONLY)

THURSDAY

St. Irenaeus
Orchard & Indianwood, Park Forest
(CO-ED)

New Faith Baptist Int'l Church
25 S. Central, Matteson
(CO-ED)

FRIDAY

St. Lawrence O'Toole
4101 St. Lawrence, Matteson
(CO-ED)

SATURDAY

Faith United Protestant Church
10 S. Hemlock, Park Forest
(MEN ONLY)

Living Springs Community Church
19051 S. Halsted St., Glenwood
(WOMEN & FAMILY ONLY)

CHICAGO HEIGHTS OFFICE
414 WEST LINCOLN HIGHWAY
CHICAGO HEIGHTS
708-754-4357

MONDAY-THURSDAY 9AM TIL 3PM
FRIDAY - NO CLIENT SERVICES

FREE IMMUNIZATION CLINICS

Bridgeview Clinic

5th District Court Building

10220 S. 76th Ave.

(708) 974-6160

Free immunizations every Thursday 4:00 p.m. to 6:00 p.m.

Stickney Township Public Health

5635 State Road, Burbank

(708) 424-9200

Saint Xavier University School of Nursing

Department of Public Health

3700 W. 103rd St., Chicago

(773) 298-3702

Free immunizations on the 3rd Tuesday from 9:00 a.m. to 12:00 p.m.

Lyons Township Hall

6404 Joliet Rd., Countryside

(708) 344-6052

Maywood Public Health

1701 S. 1st Ave., Maywood

(708) 344-6052

Free immunizations every Wednesday from 9:30 a.m. to 11:30 a.m.



HEALTH RELATED AGENCIES

AIDS Foundation of Chicago
(312) 922-2322

Alzheimer's Association
(800) 272-3900

**American Association of the Deaf
& Blind**
(800) 735-2258
TTY: (301) 588-6545

American Cancer Society
(800) ACS-2345

**American Diabetes Association
Chicago**
1-800-DIABETES

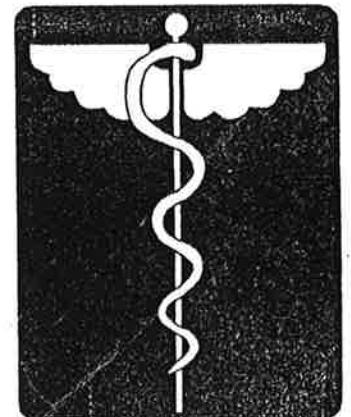
**American Health Assistance
Foundation**
(800) 437-2423

American Heart Association
(630) 789-9222

American Lung Association
(312) 243-2000

Juvenile Diabetes Foundation
(800) 533-2873

**March of Dimes Birth Defects
Foundation**
(312) 435-4007



DISABILITY SERVICES

Learning Disability Association

10101 S. Roberts Rd., Palos Hills
(708) 430-7532

March of Dimes

15100 S. La Grange Rd., Orland Park
(708) 349-0263

Pediatric Potentials

4028 W. Irving Park, Chicago
(773) 545-6001 contact person: Maria
Spanish-speaking speech/language pathologist (accepts the medical card)

Recording For the Blind Inc.

9612 W. 143rd St., Orland Park
(708) 349-9356

St. Coletta's of Illinois

123rd & Wolf, Palos Hills
(708) 48-6520

Local Food Pantries

St. Blase-Catholic Charities

7438 W 61st Pl

Summit IL 60501

(708) 563-2407 Contact: Sister Wanda Gil

Hours of Operation: Monday, Thursday, and Friday: 9:00 am - 12:00 pm and 1:00 pm - 4:00 pm

Bridgeview John Oremus Center

7900 S Oketo Ave

Bridgeview IL 60455

(708) 458-4675 Contact: Sherri Mazzone

Hours of Operation: Friday: 12:00 pm to 2:00 pm

Mosque Foundation,

7210 W 90th Pl

Bridgeview IL 60455

(708) 430-6888 Contact: Connie Al-Ramahi

Hours of Operation: Monday: 10:00 am - 1:00 pm

Our Saviors Lutheran Church

8607 Narragansett Ave

Burbank IL 60459

(708) 599-4782 Contact: Darlene Marquart

Hours of Operation: Tuesday: 9:00 am - 11:00 am; Thursday: 1:00 pm - 3:00 pm

Emmaus Outreach Food Pantry

6061 S Archer Ave

Chicago IL 60638

(773) 581-1563 Contact: Dena Bawinkel

Hours of Operation: Tuesday 1:00 pm - 3:00 pm

TSA: Midway Citadel

5036 W 47th St

Chicago IL 60638

(773) 838-8005 Contact: Michelle Graham

Hours of Operation: Friday: 10:00 am - 11:30 pm; and 1:00 pm - 3:00 pm

Resurrection UMC

5717 W 63rd Pl,

Chicago IL 60638

(773) 585-519 Contact: Bessie Rhodes

Hours of Operation: Friday: 9:00 am - 11:00 am

ORGANIZATIONS THAT HELP - NUMBERS TO CALL

St. Patricia's St. Vincent De Paul Society: 9000 S. 86th Avenue,
Hickory Hills (Clothing)

St. Vincent DePaul Society, Chicago: (773) 881-1329 (Clothing)

St. Louis DeMarkac: (708) 352-7388 (Food Pantry)

CEDA Summit: (708) 458-2736

Miss Golden - (First Month Rental assistance)

April, (after 1 PM) Social Services.

Catholic Charities: (312) 655-7700 or (708) 430-0428 (Rent Assistance)

American Red Cross:

Jean Felcan (312) 440-2140

Frank Kriz (708) 334-3580 (Housing assistance)

Salvation Army (312) 275-9383

Department of Human Services ((Cook County): (312) 747-5829

Metropolitan Family Services Southwest:

Intake - (708) 974-2300 x242

PADS: (708) 754-4359 (Housing)

Chicago Coalition for Homeless: (312) 435-4548

Helpline (312) 563-1600

Crisis Center: (708) 429-7233 (Violence against Children & Women)

SCHOOL DISTRICT OFFICES

Lyons School District 103

4100 S. Joliet Ave., Lyons

(708) 780-2495

Summit School District 104

6021 S. 74th Ave., Summit

(708) 458-0505

LaGrange School District 106

1750 Plainfield Rd., LaGrange

(708) 246-3085

Willow Springs District 108

8345 Archer Ave., Willow Springs

(708) 839-6828

Justice School District 109

7540 S. 86th Ave., Justice

(708) 496-8700

Burbank School District 111

7600 Central Ave., Burbank

(708) 496-0500

Palos School District 117

9045 S. 88th Ave., Hickory Hills

(708) 598-5500

School District 126

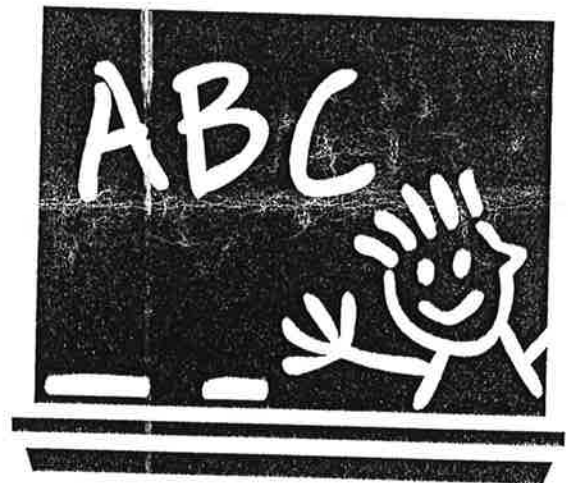
11900 S. Kostner Ave., Alsip

(708) 389-1900

Chicago Ridge School District 1271/2

10835 Lombard Ave., Chicago Ridge

(708) 636-2000



COMMUNITY FOOD PANTRY RESERVATION FORM

Volunteers are serving households in the Willow Springs/Justice/Hickory Hills area by collecting and distributing donated non-perishable food and products. Distributions on the 3rd Monday of each month occur from 7 - 8 pm at Grace Lutheran Church through advance reservation only.

Reservations needed one week in advance. You will receive a reservation date, confirmation number and pick up time once we receive this.

Instructions: Please print your name, address, phone #, etc. in spaces below, then sign & mail this completed food pantry reservation form to:

**Community Food Pantry
c/o Grace Lutheran Church
212 S. Nolton Avenue
Willow Springs, IL 60480**

NAME: _____

ADDRESS: _____

PHONE NUMBER (where we can reach you): ____ - ____ - _____

IN HOUSEHOLD ____ **AGES OF PEOPLE:** ____ / ____ / ____ / ____ / ____

Any special likes/dislikes (EX: NO MACARONI & CHEESE PLEASE):

How did you hear about us? _____

Please note all names, addresses and phone numbers will be kept confidential between people working in the food pantry only.

Signature: _____ **Date:** _____

-----Please do not write below this line-----

Date Received: ____ **Date Called Back:** ____ **Dist Date:** ____ **RESV #:** ____

Signature of person picking up food: _____



September 25th, 2015

**BEDS-Plus Shelter Season
October 1st 2015 - May 15th 2016**

Dear Colleagues:

With the help of our wonderful host congregations, support congregations and a network of over 500 volunteers – BEDS Plus provides a safe and comfortable respite for families and individuals with nowhere else to turn.

BEDS Plus is a non-profit agency providing emergency overnight shelter along with assistance to the homeless & those individuals in danger of becoming homeless in Southwest Suburban Cook County. On October 1, we will open our doors for the 28th time. Operated by a dedicated staff and a large corps of volunteers, BEDS Plus has helped guide thousands of clients out of crisis to return to stable, independent and healthy lives.

BEDS Plus operates its nightly emergency shelters in seven community churches. We are more than an emergency shelter, however. Our Support Center operates Monday through Friday, 10am – 2pm, offering an expanded curriculum in addition to a nutritious lunch. Our case managers use best practice models to give all clients the opportunity to achieve self-sufficiency and reintegrate into our communities as productive and prideful citizens.

We have enclosed a brochure and cards with shelter site locations, dates of operation, times and services provided. Please distribute these to your staff and clients whenever you feel it is necessary. Please note a new location for Fridays at St. Barbara Church in Brookfield – formerly 1st Baptist in La Grange.

We look forward to our continued cooperation together as we strive to provide support and assistance.

For more information, visit www.beds-plus.org or 708-354-0858.

Sincerely,

A handwritten signature in black ink, appearing to read "Tina Rounds", with a large, stylized loop at the end.

Tina Rounds
Executive Director
rounds@beds-plus.org
708-354-0848